



SAMPLE CAREER DEGREE MAP
Psychology BA
2024-Present | Total Credits Required: 120

Year One - First Semester Academic Program →		
Course Number & Title	Min. Grade	Cr.
ENG 111 ENGLISH COMPOSITION		3
MTH 122 FUNCTIONS & MODELS IN COLLEGE ALGEBRA		4
112-LEVEL LANGUAGE		3
US EXPERIENCE IN ITS DIVERSITY		3
CREATIVE EXPRESSION		3
Total Credits:		16

← Year One - First Semester Career Readiness	
Recommended Career Milestones	Done
Log In to Handshake Account with Career Services	
Create a Draft Resume or Start Building a Basic Resume	
Join a Psychology-Related Student Club or Organization	

Year One - Second Semester Academic Program →		
Course Number & Title	Min. Grade	Cr.
ENG 151 INTRO TO COLLEGE WRITING		3
LIFE & PHYSICAL SCIENCES		3
LIFE & PHYSICAL SCIENCES LAB		1
PSY 100 PSYCHOLOGY	C	3
114-LEVEL LANGUAGE		4
Total Credits:		14

← Year One - Second Semester Career Readiness	
Recommended Career Milestones	Done
Create a LinkedIn Account to connect with classmates and professors.	
Explore Career Options for Psychology Majors	
Attend Career Center for Professional Development Events and Internship Fairs	
Create a Draft Cover Letter	

Year Two - First Semester Academic Program →		
Course Number & Title	Min. Grade	Cr.
ANY FLEXIBLE CORE COURSE		3
200-LEVEL SOCIAL SCIENCE OR TALA		4
114-LEVEL LANGUAGE		4
PSY 201 FOUNDATIONS OF PSYCHOLOGY RESEARCH	C	4
Total Credits:		15

← Year Two - First Semester Career Readiness	
Recommended Career Milestones	Done
Develop a Network of Contacts Through LinkedIn	
Update Your Resume	
Find a Mentor You Can Check in With Periodically	
Start Your Internship Search	
Look for Summer Research Opportunities	

Year Two - Second Semester Academic Program →		
Course Number & Title	Min. Grade	Cr.
SCIENTIFIC WORLD		3
SCIENTIFIC WORLD LAB		1
200-LEVEL SOCIAL SCIENCE OR TALA		4
PSY 200-LEVEL		4
ELECTIVE		3
Total Credits:		15

← Year Two - Second Semester Career Readiness	
Recommended Career Milestones	Done
Join a Student Professional Organization like the American Psychological Association (APA) to access resources and networking opportunities.	
Use LinkedIn to Start Marketing Yourself and Building Professional Relationships	
Attend Basic Interview Workshops	
Identify Skills That You Need to Build Outside of the Classroom	



SAMPLE CAREER DEGREE MAP
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Year Three - First Semester <i>Academic Program</i> →		
Course Number & Title	Min. Grade	Cr.
PSY 266 STATISTICS IN PSYCHOLOGY	C	4
PSY 200-LEVEL OR HIGHER		4
ELECTIVE		4
ELECTIVE		3
Total Credits:		15

← Year Three - First Semester <i>Career Readiness</i>	
Recommended Career Milestones	Done
Refine Your Resume	
Continue to Apply for Internships	
Research Graduate School or Other Post-Graduate Opportunities	
Practice Advanced Interview Techniques	

Year Three - Second Semester <i>Academic Program</i> →		
Course Number & Title	Min. Grade	Cr.
PSYCHOLOGY LAB: PSY 330 OR 334 OR 335		6
PSY 200-LEVEL OR HIGHER		4
ELECTIVE		4
ELECTIVE		1
Total Credits:		15

← Year Three - Second Semester <i>Career Readiness</i>	
Recommended Career Milestones	Done
Take Leadership Roles in Clubs and Organizations	
Attend Career Center for Professional Development Events and Internship Fairs	
Take online courses with Coursera, LinkedIn Learning, or edX to learn more about Health Psychology, Mental Health, Industrial & Organizational Psychology	
Explore Career Options and Tasks with Virtual Work Experiences	

Year Four - First Semester <i>Academic Program</i> →		
Course Number & Title	Min. Grade	Cr.
PSY 200-LEVEL OR PSY 300-LEVEL		4
PSY 300-LEVEL		4
ELECTIVE		4
ELECTIVE		3
Total Credits:		15

← Year Four - First Semester <i>Career Readiness</i>	
Recommended Career Milestones	Done
Meet with a Career Advisor for Job Search Preparation	
Use LinkedIn to Let Contacts Know You Are Looking for Employment	
If Appropriate, Complete the Process of Applying to Graduate School	

Year Four - Second Semester <i>Academic Program</i> →		
Course Number & Title	Min. Grade	Cr.
PSY 352 HISTORY OF PSYCHOLOGY		4
ELECTIVE		4
ELECTIVE		4
ELECTIVE		3
Total Credits:		15

← Year Four - Second Semester <i>Career Readiness</i>	
Recommended Career Milestones	Done
Actively Apply for Jobs	
Attend Networking Events and Career Fairs	
Final Interview Preparation	
Participate in Senior Showcase Events or Conduct Research Projects to Develop Analytical and Data Interpretation Skills	